

Humanistic Care Research in Basic Nursing Operation

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Abstract: Humanistic care medical services have become an important symbol of modern medical civilization and harmonious society. Integrating humane care into basic nursing work is an important measure to improve patient satisfaction and improve the quality of care. This paper analyzes the current situation of humanistic care in basic nursing in China, compares the significance of increasing humanistic nursing, and proposes recommended measures.

1. Introduction

With the development of society and the improvement of medical standards, people are increasingly demanding medical care. At the same time, the contradiction between doctors and patients has become more and more prominent. Humanistic care advocates that the society should pay attention to the human mental state and internal needs, is a necessary requirement for the development of a harmonious society and modern medicine, and is also a necessary link for clinical nursing at this stage. With the advancement of human civilization, humanistic care services have become an important symbol of modern medical civilization and modern hospitals, and have had a major impact on basic care. The integration of humanistic care into nursing work has become an indispensable artistic trait in today's nursing work. By increasing humanistic care in basic medical care, it helps to alleviate the contradiction between doctors and patients, and builds nursing ideas characterized by humanistic care. It can be seen that humanistic care plays an important role in basic nursing. How to establish the awareness of humanistic care of nursing staff is also the main content of clinical and teaching research.

2. The status quo of humanistic care in China's nursing industry

Over the years, the tendency of over-technical care and the objective deficiencies of nursing human resources, as well as the prevalence of heavy technology and light service, have limited the humanistic care that the nursing industry should embody. According to some surveys, among the more than 300 nurses surveyed, 68% of the core content of the humanistic spirit is not known, and 95% of the history and background of humanism are unclear. They have not received any relevant information during the school. 81% of the humanities courses can not be said to account for 97% of the main content of nursing humanities, and 100% of professional nurses expressed the desire and desire to learn nursing humanities knowledge.

The problems of humanistic care in the nursing industry in China are quite obvious, mainly in the following aspects. First, the ratio of the nursing staff's equipment to the actual open bed in the ward cannot meet the needs of nursing work. Nursing staff have insufficient understanding of the importance of clinical basic nursing work. A large number of basic nursing work is undertaken by non-care professionals, resulting in low quality of nursing service work and decreased patient satisfaction with nursing, which directly affects nursing work as a Discipline and professional image. Second, there is insufficient human care for patients. Too much emphasis on the technical operation level of nursing, insufficient communication with patients, insufficient assessment of patient's condition, physiological and emotional needs before, during and after operation, ignoring the patient's physical, psychological and emotional aspects. Feelings and needs. The third is the lack of innovation and creativity. In the process of treatment and nursing, the lack of critical thinking, not good at finding problems, can not raise problems for daily nursing technology operations, and

can not find defects. In actual work, the nurse lacks communication with the patient and lacks evaluation of the therapeutic effect after the operation. These are related to the lack of nursing staff's own business quality, humanistic care and communication skills, and critical thinking training. Fourth, the overall care flow is in the form. Nursing managers have low awareness of the nature and connotation of humanistic care. It is difficult to apply humanistic ideological education to clinical nursing work, which affects the application of hospital nursing staff in clinical human care.

3. The significance of humanistic care in basic nursing

In the process of continuous social and economic development, the attention paid to clinical nursing work is also increasing. People-oriented and meeting patient needs have become the key to basic care operations. The mechanism of disease formation is very complicated. In this case, effective prevention of the disease requires a comprehensive and effective comprehensive measures. The application of humanistic care in medical services is patient-centered, allowing patients to obtain psychological, spiritual and other comforts, thus effectively improving the effectiveness and quality of basic care operations. It can be seen that the application of humanistic care in basic nursing operations is an inevitable trend of the development of the times and an inevitable result of the reform of the nursing model.

The impact of human care on basic care is mainly reflected in the following aspects. First, due to the influence of humanistic care, nursing staff must constantly improve their level of care to meet the needs of human care, to meet the needs of patients and clinical operations. Nursing people will consciously invest in the study of professional technology, through continuous learning to adapt to the needs of the development of human care care. Second, the application of humanistic care to basic nursing has higher requirements for the service attitude of nursing staff, and nursing staff should change the center of nursing. Humanistic care is conducive to improving the quality of services. Third, by paying more attention to the patient's feelings in the basic nursing process, various measures are taken to make the patient's body and mind get good care, which lays a foundation for improving the clinical treatment effect. Fourth, through the improvement of the level of care, coupled with the use of new care methods such as comfortable care, the patient's painful price can be reduced, and the patient's satisfaction rate is greatly improved. Fifth, the simultaneous care of humanities promotes the communication and communication between doctors and patients. Nursing staff can timely understand and meet the needs of patients, greatly improve the service attitude of nursing staff, and further improve the patient satisfaction rate.

The following is a comparison of the quality of basic care between the two groups of caregivers. The observation group added nursing intervention, and it can be found that the scores of the basic operation, ward management, and communication ability of the observation group were significantly higher than those of the control group.

Table 1 Comparison of two groups of nursing quality

Group	Quantity	Basic operation	Ward management	Patient communication ability
Observation group	55	48.23	28.23	17.23
Control group	45	41.66	21.65	10.05
T	0	22.63	13.96	11
P	0	0	0	0

The SDS and SAS scores of the two groups were compared in the table below. The SDS and SAS scores of the two groups were significantly lower than those before the treatment, and the observation group was lower than the control group. It can be seen that in addition to the corresponding drug treatment during the hospitalization, the corresponding nursing measures can directly affect whether the patient can actively cooperate with the treatment, thereby affecting whether the patient can recover soon. Therefore, it is necessary to strengthen patient communication

and communication and to carry out patient care.

Table 2 Comparison of scores before and after treatment in two groups

Group	Quantity	SDS		SAS	
		Before treatment	After nursing	Before treatment	After nursing
Observation group	55	41.13	25.03	17.23	29.36
Control group	45	48.61	11.25	10.05	18.32
T	0	22.63	13.96	11	26.36
P	0	0	0	0	0

In summary, the humanistic care service has become an important symbol of medical civilization and hospital construction. Patient-centered care is a challenge and test of nursing work. In the process of giving basic care operations to inpatients, the focus is on humanistic care, which can meet the nursing needs of patients and improve the quality of care.

4. Strategies for humanistic care in nursing operations

Establish a people-oriented care concept. The concept of humanistic care is essentially to care for and care for patients. Without the realization of modern humanistic care, the entire basic nursing program will also be in the form. Therefore, nursing staff should establish a people-oriented nursing concept, carry out basic nursing with patients as the center in the basic nursing operation, and strengthen effective nursing of patients' psychological, spiritual, emotional, social, environmental and ideological aspects, and build patients with them. A central care mechanism to better improve the quality of basic care.

Strengthen communication and communication between nurses and patients. The effective application of humanistic care in basic nursing operations requires the integration of humanistic care into the communication process with patients, strengthening communication and communication with patients in the basic nursing process, and establishing a mutually trusting, relaxed and comfortable language environment. When treating patients and implementing nursing care, pay attention to the different language forms due to the patient's age, gender, occupation, experience, and the condition and type of disease. For patients with relatively high mood swings, it is necessary to use communication skills to communicate with patients reasonably, and to inspire patients according to their different psychological characteristics, so as to establish confidence in the fight against disease.

Build a harmonious service environment. It is necessary to effectively implement humanistic care into the basic nursing operation, further improve the quality of basic nursing operators, actively learn the spirit of humanistic care, grasp the connotation of humanistic care, and actively construct a human cultural nursing team. Nursing staff should actively build a harmonious service environment for patients, receive patients with gentle and full emotions, and actively establish the concept of "taking hospitals as homes and taking departments as homes", and improve their sense of responsibility and dedication in the process of nursing.

To protect the privacy of patients. Health care workers should pay attention to protecting patients' right to know, privacy, and the rights of patients' personality, life and privacy, and become the defenders of patient rights. In the practice of nursing, before performing various basic nursing operations, patients should be comprehensively evaluated, technically explained, the meaning, methods, consequences and precautions of the operation should be explained, and the patient's consent, understanding and cooperation should be obtained. In the operation, we must observe the patient's reaction, respect and care for the patient's feelings, try to achieve the same-sex care, avoid unnecessary convulsions, and achieve good therapeutic results.

Reflecting humanistic care in family and social support. Humanistic care is one of the core

contents of nursing work and nursing culture. While doing patient communication, the nursing staff should communicate with family members, explain the importance of family support, understand the patient's support, try to get support and help from family members, friends, units and society, and jointly treat patients. And rehabilitation creates good conditions. It is necessary to further strengthen the health education of patients' families and the nursing methods for patients, and establish a long-term effective family support network to improve the quality of life and recovery speed of patients.

Strengthen the humane care education for medical staff. To add some health education content to the basic nursing operation, introduce some common diseases, frequently-occurring diseases, epidemic symptoms, treatment, nursing and preventive measures in daily work, so that patients and their families can get basic treatment and nursing knowledge. . It is necessary to strengthen the education and training of nursing management, focus on strengthening the theory of humanistic care, the communication skills of nurses and patients, the training of critical thinking, establish the working concept of humanistic care, and consciously implement the humanistic care thinking into the nursing management work. The center's nursing work is implemented.

5. Conclusion

The harmonious development of man and society has become the main theme of today's social development, and people's health concepts are constantly updated. In the process of continuous social development, humanistic care has become an important symbol of modern medical civilization and harmonious development of society. The connotation of basic nursing work itself is care and care, and the application of human care in basic nursing is the key to further improve the quality of nursing work and patient satisfaction rate. In the current medical services, emphasizing patient-centeredness and paying attention to the value and needs of patients has become an important and important part. Humanistic care and humanized nursing are the best means and means to achieve this goal, and also the social care work. The inevitable requirements put forward.

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